



PREOPERATIVE INSTRUCTIONS FOR IV SEDATION

Ph. 734-994-1040

www.oralsofannarbor.com

- Do not eat or drink anything for six hours prior to the surgery. This includes water. **DO NOT DRINK WATER** prior to your procedure.
- Take your current prescribed medications as normal unless otherwise directed.
- Wear loose, comfortable clothes. If you wear nail polish, please leave at least one finger polish-free the day of your surgery. This will allow us to monitor your oxygen levels.
- If you wear contact lenses and cannot take naps in them, please wear your glasses. If you can take naps in your contacts, it is alright to wear them.
- Make sure you have soft foods available to eat for the first five to seven days (pudding, ice cream, cooked pasta, mashed potatoes, yogurt, scrambled eggs). You will not be able to eat anything hard, sharp, or crunchy during this time.
- You will be given a prescription for pain. You will not be able to go into the pharmacy to pick up the prescription. Please make sure your driver is prepared to pick up your prescription for you.
- Have ice packs (frozen peas or corn work well too) and a heating device (heating pad or hot water bottle) at home to use postoperatively. We will send you home with ice pack(s), but it's a good idea to have some extra on hand at home.
- Home care instructions will be given to you and verbally reviewed with your driver the day of the surgery. Have a list of any questions you may have to ask the doctor or his assistants.

Have a responsible adult (friend or family member) drive you home and stay with you for the day. Please expect to be at the office for at least 1 ½-2 hours. It's important that your caretaker stay at our office the entire time and be available to our staff for any questions and/or instructions.